

TUMKUR UNIVERSITY

PSYCHOLOGY

Discipline Syllabus

BA V & VI Semester

Choice Based Credit System SEP 2026-27

Submitted to

Registrar

Tumkur University

Tumakuru

Submitted by

Chairperson and Members

BOS, in Psychology (UG)

Tumkur University

Tumkuru

List of Committee Members

Chairperson

Dr. Lancy D' Souza

Professor of Psychology, Maharaja College, University of Mysore, Mysore

Members

Dr. Vijaya kumari T.R.

Associate Professor, Department of Psychology, PAACFGC, Tiptur.

Dr. Bagappa Chalawadi

Professor, Department of Psychology, GFGC, Tiptur.

Shri. A.M. Satheesh Chandra

Assistant Professor, Department of Psychology, PAACFGC, Tiptur.

Dr. Venugopal A.V.

Professor, Department of Psychology, Maharani Arts College, Mysore.

Dr. Narasimharaju N.

Professor, Department of Psychology, Maharani Arts College, Mysore.

To
The Registrar (Academic)
Tumkur University
Tumkur

Sir/Madam,

Subject:-Submission of SEP syllabus framed by BOS of Tumkur University

With reference to the above cited subject we wish to bring to your kind notice that we chairperson and board members have discussed about SEP-psychology syllabus. We have framed syllabus for two semesters and we are submitting the same for your kind perusal. Please do the needful action

Thanking you



Yours-faithfully

(Dr.Lancy D;Souza)

(Chairperson)

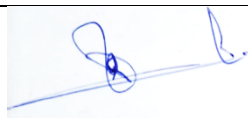
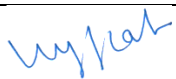
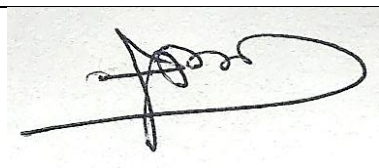
PROCEEDINGS OF THE ONLINE MEETING OF BOS IN PSYCHOLOGY (UG) OF TUMKURU UNIVERSITY

Date : 26-05-2026 :

Time: 6.30 PM onwards

Google meet link: <https://meet.google.com/fwg-bgmj-zek>

Members Present

Members	Signature
Dr. Vijaya kumara T.R.	
Dr. Bagappa Chalawadi	
Shri. A.M. Satheesh Chandra	
Dr. Venugopal A.V.	
Dr. Narasimharaju N.	
Dr. Lancy D'Souza, Chairperson	

Members absent-NIL

PREAMBLE

As per the Government of Karnataka order, to implement the State Education Policy, the BOS in Psychology (UG) Committee meeting was held on 26-05-2026 through online mode. The BOS meeting is conveyed to discuss and finalize curricula and syllabus for Third Year under Graduate Program commencing during 2026-27 for V & VI Semesters and also to discuss and finalize the structure of the Psychology course for two semesters of BA Programme.

At the outset **Dr. Lancy D' Souza** Professor, Department of Psychology, Maharaja College, Mysore University, Mysore, Welcomed the Committee Members for the meeting and informed that University has directed to conduct BOS meeting to approve Curriculum and Syllabus for B. A. in Psychology Under Graduate Program in Psychology to be commenced in 2026-27 which has been designed on par with the guidelines given in the SEP implementation order. Subsequently the BOS UG Committee members discussed thoroughly and recommended as under. The concept of Psychology in the 5th and 6th semesters throw light on concepts of abnormal, Industrial, health and counselling psychology making the beneficiary to acquire and develop the knowledge about psychology in terms of practicality along with experiments. The experiments for practical have been selected in accordance with theory paper.

The members thoroughly discussed the syllabus, amended some of its contents, and unanimously approved the syllabus for Psychology UG (V and VI semesters), which included theory papers, practical papers, and an elective. The meeting concluded with a vote of thanks by the chairperson.

(Dr.Lancy D;Souza)



(Chairperson)

Bachelor of Arts

PROGRAM STRUCTURE

SL no.	Semester	Paper code	Title of the paper	Credits assigned	Theory	Practicals	Duration of exam	IA	Exam	Total
1	V	DSC	Abnormal psychology-1	4	4Hrs	-	3hrs	20	80	100
2	V	DSC	Industrial/ Organizational psychology-1	4	4Hrs	-	3hrs	20	80	100
3	V	DSCP	Practicals	2	-	4Hrs	3 hrs	10	40	50
4	V	SEC	Psychology of Health and Wellbeing	2	3Hrs	2Hrs	1 1/2 hrs	10	40	50
5	VI	DSC	Abnormal psychology-2	4	4Hrs	-	3 hrs	20	80	100
6	VI	DSC	Industrial/ Organizational psychology-2	4	4 Hrs	-	3 hrs	20	80	100
7	VI	DSCP	Practicals	2	-	4Hrs	3Hrs	10	40	50
8	VI	SEC	Counselling psychology	2	3 Hrs	2hrs	1 1/2 Hrs	10	40	50

**SEP SYLLABUS OF PSYCHOLOGY (DISCIPLINE SPECIFIC COURSE)
SUBJECT FOR BA/BSC-V SEMESTER WITH EFFECT FROM ACADEMIC YEAR
2026-27 AND ONWARDS**

SEMESTER V - ABNORMAL PSYCHOLOGY-1

Learning Outcomes of Abnormal Psychology – Semester V

After completing this course, students will be able to:

1. Define abnormal behaviour and explain different criteria, and classifications of abnormal behaviour.
2. Understand and compare major psychological models of abnormality
3. Explain the concepts of stress, stressors and methods for prevention of stress disorders.
4. Describe reactions to common life stressors and catastrophic events and analyze biological, psychosocial and sociocultural causes of anxiety and dissociative disorders.
5. Explain the meaning and levels of Mental Retardation and brain defects
6. Identify different types of Specific Learning Disorders and Conduct Disorder treatment.
7. Develop an understanding of developmental disorders and their impact on individuals and families.

Unit I: Introduction

Defining abnormality, Criteria of abnormality: statistical, social, personal discomfort, maladaptive deviation from ideal, Popular views of abnormal behaviour, Classifying abnormal behaviour, DSM V Classification and its limitations (Brief mention of ICD-10)(10 Hours)

Unit II: Psychological Models of Abnormality:- Psychodynamic model, Behaviouristic model, Cognitive behavioural model, Humanistic model, Interpersonal models (8 Hours)

Unit III: Stress and Adjustment Disorders

Primary, predisposing, precipitating and reinforcing causes, The diathesis-stress model, Stress and stressors, Categories of stressors, Factors predisposing an individual to stress, Coping with stress, General principles of coping with stress, Decompensation under excessive stress, Reactions to common life stressors: unemployment, bereavement, divorce, separation, Prevention of stress disorders, Post Traumatic Stress Disorder (PTSD), Reactions to catastrophic events, Disaster syndrome. (10 Hours)

Unit IV: Anxiety Based Disorders

Anxiety based response pattern, Anxiety based disorders:, panic disorder, agoraphobia, other phobic disorders, Obsessive-compulsive disorders: characteristics, cognitive and motor patterns, Generalized anxiety disorder, Somatoform disorders: somatisation disorder, hypochondriasis – symptoms, somatoform pain disorder, Conversion disorder: sensory, motor, visceral, criteria for distinguishing between conversion disorder and organic

disturbances. Dissociative disorders: psychogenic amnesia, fugue, multiple personality disorder, depersonalisation disorder. Causes: biological, psychosocial, sociocultural factors.
(16 Hours)

Unit V: Mental Retardation and Developmental Disorders

a. Mental Retardation (MR):- Levels of MR, Brain defects in MR, Organic retardation syndromes, Cultural-familial MR, Treatment and outcome.

b. Specific Learning Disorders:- Learning disorders, Conduct disorder, Causes and treatment.

c. Pervasive Developmental Disorder:- Autism, Clinical picture, Causes and treatment.
(10 Hours)

References

- Carson RC & Butcher JN: Abnormal Psychology and Modern Life (10th Ed), Harper-Collins, NY
- Bootzin RR, Acocella JR & Alloy LB (6th Ed): Abnormal Psychology – Current Perspectives, McGraw Hill Inc., USA
- Ronald J Comer: Abnormal Psychology (2nd Ed), W.H. Freeman & Co., NY
- John N. Neale, Gerald C Davidson & David AF Haaga: Exploring Abnormal Psychology (6th Ed), John Wiley & Sons

SEMESTER-V

INDUSTRIAL ORGANIZATIONAL PSYCHOLOGY-1

Learning Outcomes – Industrial Organizational Psychology (Semester V)

After studying this course, students will be able to:

1. Understand the basics of Industrial Organizational Psychology.
2. Describe human behavior in organizations
3. Evaluate psychological implications of workplace practices.
4. Analyze the effectiveness of different training techniques in organizations.
5. Explain the concept and process of motivation, job satisfaction and leadership.
6. Develop an understanding of employee welfare and organizational effectiveness.

Unit I: Introduction

Definition, goals, forces and fundamental concepts – nature of people and nature of organizations. Historical development of Industrial Organizational Psychology.

Two classic studies: Time and Motion Study – nature and characteristics, use of therbligs, principles, experimental work, psychological implications and shortcomings, objections to change, intrusion as an outsider, increased feelings of insecurity. Hawthorne Studies – five experiments, implications and criticisms.

12 Hours

Unit II: Job Analysis and Selection

A. Job Analysis:- Definition and methods: Questionnaire method, Checklist method, Individual interview method, Observation interview method, Group interview method, Technical conference method, Diary method, Work participation method, Critical incident method

B. Selection:- Application blank, Psychological tests used in selection, Intelligence tests - Psychological Tests used in Selection- Intelligence Tests, Personality Tests, Interest Tests, Aptitude Tests (Mention two tests in each area), Interview, Guided Interview, Unguided Interview, Stress Interview, Group Interview

12 Hours

Unit III: Training

Definition:- Training and methods for non-supervisory staff:

A. On-the-job Methods:- Apprenticeship, Coaching, Job instruction training, Job rotation, Understudy assignment, Committee assignment, Case study method, Decision games, In-basket training, Managerial games, Sensitivity training, Human relations training, Transactional analysis.

B. Off-the-job Methods:- Classroom lectures, Case presentation, Experiential exercises, Computer modeling, Vestibule training, Programmed learning, Training Methods for Managerial Staff

12 Hours

Unit IV: Leadership and Motivation

A. Leadership:- Definition : Styles of leadership: Positive leader, Negative leader, Authoritarian, Democratic, Free rein

B. Motivation:- Model of motivation: Motivational drives: Achievement motivation, Power motivation, Affiliation motivation, Competence motivation, Need Theories of Motivation: Maslow's Hierarchy of Needs Theory, Herzberg's Two Factor Theory, Alderfer's E-R-G Model.

8 Hours

Unit V: Industrial Incentives and Morale

Financial Incentives, Types of wages, Incentive system: Time rate system, Piece rate system, Multiple piece rate, Differential piece rate system, Non-financial Incentives, Attitude, Supervisory relations, Level of aspiration, Praise and reproof, Knowledge of results, Cooperation and competition,

Industrial Morale: Definition, Characteristics, Morale and job satisfaction, Determinants, Means of increasing morale, Expert and Industrial Spy, Industrial counselor, Employee problem approach

12 Hours

References

- Blum M.L. and Naylor J.C. Industrial Psychology, CBS Publishers and Distributors, New Delhi, 1984.
- Dessler J.W. & Davis K. Organizational Behaviour – Human Behaviour at Work, Tata McGraw Hill Pub. Co. Ltd., New Delhi.
- Mohanty G. Industrial Psychology and Organizational Psychology, Kalyani Publishers, Ludhiana.
- Schultz D.P. and Schultz S.E. Psychology and Work Today, 6th edition, MacMillan Publishing Company, New York.
- Straupa K. Human Resource Management and Human Relations, Merrill Publishing Co. Ltd., New Delhi, 1997.
- Miner J.B. Industrial Organizational Psychology, McGraw Hill Inc., New York, 1992.

Practicals V Semester

Maximum Marks 10+40 = 50

Practical Component: Minimum 8 Practical to be Conducted. (4 practicals from Industrial and organisational Psychology and 4 practicals from abnormal psychology)

10 Students Per Batch as most of the experiments/questionnaires are individualized.

Practicals - V

Industrial and Organisational Psychology

1. Work motivation questionnaire (Dr. K.G.Agarwal).
2. Tweezer Dexterity.
3. Bhatia's Battery of Performance test of intelligence.
4. Verbal Reasoning.
5. Numerical Ability.

Abnormal psychology

6. Eysenck personality inventory.
7. 16-PF.
8. IPAT Anxiety Scale.
9. Personal Values Questionnaire.
10. Personal Stress Source Inventory (Arun kumar singh, Ashish K, Singh and Arpana).

Statistics: Chi-square.

Marks for Examination:	For two Experiments
Plan & Procedure	7+7
Conducting	5+5
Analysis	3+3
Record writing	5
Statistics	5
Total	40
Internal Marks (Attendance + test)	10
Grand Total	50

References: Nataraj. P. Manual of Experiments in Psychology. Mysuru: Srinivasa publications, and other manuals related to paper pencil tests.

V SEMESTER
PSYCHOLOGY OF HEALTH AND WELLBEING
SKILL ENHANCEMENT COURSE (SEC)

Teaching Hours: 2 hours per week

Total Hours: 45 hours

Credit: 2

Marks: Exam – 40 IA – 10

Learning Outcomes

- Understanding the spectrum of health and illness for better health management.
- Identifying stresses in one's life and learning how to manage them.
- Understanding different health-promoting, health-protective, and health-compromising behaviours and their application in illness management.

Course Content (45 Hours)

Unit 1: Illness, Health and Wellbeing (12 Hours)

Health continuum: Models of health and illness: Medical model, Biopsychosocial model, Holistic health, Health and wellbeing.

Unit 2: Stress and Coping (10 Hours)

Nature and sources of stress: Personal and social mediators of stress, Effects of stress on physical and mental health, Coping and stress management.

Unit 3: Health Management (13 Hours)

Health-enhancing behaviours: Exercise, Nutrition, Meditation, Yoga, Health-compromising behaviours: Alcoholism, Smoking, Internet addiction, Health-protective behaviours, Illness management

Unit 4: Promoting Human Strengths and Life Enhancement

(10 Hours)

Meaning of strength: Realizing strengths, Maximizing unrealized strengths. Weakness: Meaning, Identifying and overcoming weaknesses, Strategies to develop hope and optimism.

References

- Carr, A. (2004). Positive Psychology: The Science of Happiness and Human Strength. UK: Routledge.
- DiMatteo, M.R. & Martin, L.R. (2002). Health Psychology. New Delhi: Pearson.
- Farshaw, M. (2003). Advanced Psychology: Health Psychology. London: Hodder and Stoughton.
- Hick, J.W. (2005). Fifty Signs of Mental Health: A Guide to Understanding Mental Health. Yale University Press.

Question paper Pattern
Theory exam will be conducted for 40 marks and it consists of 3 parts namely short, medium and long answer questions.
Part-A Each question carries 2 marks and student has to answer 5 out of 6 questions.
Part-B Each question carries 5 marks and student has to answer 4 out of 6 questions.
Part-C Each question carries 10 marks and student has to answer 1 out of 3.

SEMESTER – VI

ABNORMAL PSYCHOLOGY-2

Learning Outcomes – Abnormal Psychology (Semester VI)

After studying this course, students will be able to:

1. Explain the types of personality disorders and paraphilias.
2. Identify the general symptoms of schizophrenia paranoid delusional disorders.
3. Understand mood disorders
4. Analyze the causal factors and treatment associated with mood disorders.
5. Explain the concepts of substance abuse and dependence related to alcohol and drugs.
6. Understand biologically based therapies.

Unit I: Personality Disorders and Paraphilia. – (14 Hours)

Personality Disorders

Cluster A: Paranoid, Schizoid, Antisocial,

Cluster B: Histrionic, Narcissistic, Borderline,

Cluster C: Avoidant and Dependent

Personality Disorders. Paraphilic Disorders :Voyeuristic Disorder, Exhibitionistic Disorder, Frotteuristic Disorder, Sexual Masochism Disorder, Sexual Sadism Disorder, Pedophilic Disorder, Fetishistic Disorder, Transvestic Disorder, Causes of Paraphilia.

Unit II: Schizophrenia & Delusional Disorder – (10 Hours)

General symptoms, Types & causes (briefly), Delusional Disorder (Paranoid), Clinical picture & causes.

Unit III: Bipolar and related disorders– (12 Hours)

Normal depression, bipolar disorder I, bipolar disorder II, symptoms, causes and treatment. Cyclothymic disorder, Dysthymia.

Unit IV: Substance Abuse Disorders – (10 Hours)

Alcohol abuse & dependence, Clinical picture, causes, Drug abuse & dependence, Narcotics, sedatives, stimulants, hallucinogens, Treatment & prevention.

Unit V: Therapies – (12 Hours)

Biologically based therapies: Electroconvulsive therapy, Pharmacological methods. Psychotherapies: Psychodynamic therapy, Behaviour therapy, Cognitive behaviour therapy, Rational emotive therapy & stress inoculation, Humanistic therapy, Client centred therapy.

References

- Comer RJ, Acocella JR & Alloy LB (6th Ed): Abnormal Psychology – Current Perspectives, TheGraw Hill Inc, USA
- John W Neale, Gerald C Davidson & David AF Haaga: Exploring Abnormal Psychology (6th Ed), John Wiley & Sons.
- Kalpan H , Sadock B J, Grebb J A (1994) Synopsis of Psychiatry (7th edition), New Delhi: B L. Waverly pvt Ltd.
- Robert C. Carson, James N. Butcher, Susan Mineka, Jill M. Hooley: Abnormal psychology 13th edition (2007) Pub: Pearson.
- Carson R.C., Butcher J.N., Mineka Susan (2005). Abnormal Psychology and Modern Life (10th ed.). New York: Harper-Collins.
- Sarason I.G. & Sarason R.B. (2005). Abnormal Psychology: The Problems of Maladaptive Behaviour (11th ed.). New Delhi: Pearson Publications.

SEMESTER VI
INDUSTRIAL ORGANIZATIONAL PSYCHOLOGY-2

Learning Outcomes – Industrial Organizational Psychology (Semester VI)

After studying this course, students will be able to:

1. Understand the meaning, purpose, and process of performance appraisal in organizations.
2. Understand the concept and importance of attitude in industrial settings.
3. Explain the meaning and determinants of job satisfaction.
4. Understand the concept, symptoms, and causes of employee stress in industrial settings and techniques and the importance of employee counselling.
5. Understand the importance of healthy physical and psychological working conditions.
6. Analyze consumer behaviour. Develop practical knowledge regarding employee wellbeing at the workplace.

INDUSTRIAL ORGANIZATIONAL PSYCHOLOGY

Unit I: Performance Appraisal:- Definition, Appraisal process, Appraisal Methods.

A. Absolute Standards: Essay method, Critical incident method, Checklist method, Graphic rating scale, Forced choice method, Behaviour Anchored Rating Scale (BARS).

B. Relative Standards: Group order ranking, Individual ranking, Paired comparison, Other Methods; Management by Objectives (MBO), 360° appraisal, Errors in appraising.

12 Hours

Unit II: Attitude and Job Satisfaction

Attitude:- Need and importance of studying attitude in industry, Consequences of unfavourable attitude, Techniques to Improve Attitude in Industry, Good behaviour of supervisor, Persuasion,

Job Satisfaction: Definition, Determinants of job satisfaction:, Personal factors (6 factors), Factors related to the job (5 factors), Factors controlled by the management (8 factors).

2 Hours

Unit III: Employee Stress and Counselling

Employee Stress: Definition, Symptoms of stress, Extreme stress – Burnout, Work place trauma, Causes of Stress, Job related causes, Role stress, Frustration – sources of frustration, Stress and job performance, Stress vulnerability, Stress Management, Need for counselling, Perceived control, Type A and Type B personalities

Employee counselling: Counselling types:, Directive, Non-directive, Participative counselling.

10 Hours

Unit IV: Conditions of Work and Accidents

Conditions of Work: Physical conditions of work, Illumination, Noise, Temporal conditions of work:, Hours of work, Length of work week, Flexible working hours, Rest pauses, Shift work, Psychological Conditions of Work, Boredom, Monotony, Fatigue

Industrial Accidents: Definition Causes and prevention.

10 Hours

Unit V: Consumer Psychology: Scope of Consumer Psychology, The Seller, Nature and scope of advertising, Advertising appeals, Trademarks, Product image, The package, Sex and portrayal of women in advertising, Introducing a new brand, The Consumer, Buying habits, Impulse buying, Price and consumer behaviour.

10 Hours

References

- Blum M.L. and Naylor J.C. Industrial Psychology, CBS Publishers and Distributors, New Delhi, 1984.
- Michael G. Aamodt: Industrial/ Organizational psychology. Pub Cengage learning (2001).
- Industrial psychology M. S.Shaikh, Vrinda pub (p) Ltd., (2010)
- Newstrom J.W. and Davis K. Organizational Behaviour – Human Behaviour at Work, Tata McGraw Hill Publishing Co. Ltd., New Delhi, 1998.
- Mohanty G. Industrial Psychology and Organizational Psychology, Kalyani Publishers, Ludhiana.
- Schultz D.P. and Schultz S.E. Psychology and Work Today, 6th edition, MacMillan Publishing Company, New York.
- Aswathappa K. Human Resource and Personal Management, Tata McGraw Hill Pub. Co. Ltd., New Delhi, 1997.
- Industrial psychology, H. L. Kaila, AITBS publishers, India (2011).

Semester - VI PRACTICALS

Maximum Marks (10+40) 50

Practical Component: Minimum 8 Practicals to be Conducted. (4 practicals from Industrial and organisational Psychology and 4 practicals from abnormal psychology)

10 Students Per Batch as most of the experiments/questionnaires are individualized.

PRACTICALS-VI

List of Experiments

1. Type A and Type B Behavioral Patterns.
2. Occupational Stress Index (Srivatsa, A K, A P).
3. Job Satisfaction Scale (Brayfield & Rothe 1951).
4. Employee Mental Health Inventory (Jagadish).
5. Occupational Self Efficacy Scale (OSES- upindhar Dhat, Sanjyom pethe, Sushma Choudary).
6. Beck's Depression Scale.
7. Family Pathology Scale (V. Veeraraghavan and A Dogia).
8. Defence mechanism Inventory (N R Mrinal & Uam Singhal).
9. Mini Mental Status Examination.
10. Emotional Maturity Scale.

Statistics: One way ANOVA

Marks for Examination:	For two Experiments
Plan & Procedure	7+7
Conducting	5+5
Analysis	3+3
Record writing	5
Statistics	5
Total	40
Internal Marks (Attendance + test)	10
Grand Total	50

References: Nataraj. P. Manual of Experiments in Psychology. Mysuru: Srinivasa publications, and other manuals related to paper pencil tests.

SEMESTER VI – COUNSELLING PSYCHOLOGY

LEARNING OUTCOMES

After completing this course, students will be able to:

1. Understand the meaning, nature, and scope of counselling psychology.
2. Understand ethical and professional issues involved in counselling practice and relationships.
3. Identify different types of psychological tests used in counselling settings.
4. Understand the significance of counselling relationship.
5. Identify different stages of counselling intervention.

Unit I: Introduction. (10 Hours)

Nature and definition of counselling, Meaning of counselling and helping, Evolution of guidance and counselling movement in India, Work areas of counselling psychologists, Utility of AI in counselling

Unit II: Ethical and Professional Issues & Approaches to Counselling (10 Hours)

Ethical and professional issues in counselling, Person-centered counselling, Gestalt counselling, Psychoanalytic counselling, Cognitive counselling, Behaviouristic counselling

Unit III: Assessment in Counselling (8 Hours)

Interview, mental status examination, psychological tests: questionnaires, inventories and scales.

Unit IV: Counselling Relationship (10 Hours)

Importance of counselling relationship, Components of counselling relationship, Facilitative conditions: Empathy, Respect, Confidentiality, Genuineness.

Unit V: Counselling Intervention (10 Hours)

Stages of intervention:- Starting stage, Working stage, Closing stage.

References

- Counselling Samuel T. Gladding pub: Pearson (2009) 6th edition.
- Patterson, Lewis E. & Welfel, Elizabeth Reynolds (2000) – The Counselling Process
- Kochhar, S.K. (2001) – Guidance and Counselling in Colleges and Universities
- Gelso, Charles J. & Fretz, Bruce R. (1995) – Counseling Psychology
- Counselling psychology; S Narayan Rao pub: Tata Mcgraw- Hill Publishers Company Limited (1989).

LIST OF EXAMINERS (UG)

SL NO	Name of the teacher	Designation and College
1	Dr.Vijayakumari .T.R	Principal, PAAC TIPTUR
2	A.M. Satheesh Chandra	HOD, Department of Psychology, Assistant professor, PAAC TIPTUR
3	Dr. Bagappa chalavadi	Professor, Department of Psychology, GFGC TIPTUR
4	Shilpashree	HOD, Department of psychology, University College of Arts, Tumkuru
5	Dr.Vinutha. H. A	Lecturer, Department of Psychology, PAAC TIPTUR
6	Harshitha, H P	GFGC, Tiptur

Yours-faithfully



(Dr.Lancy D;Souza)

(Chairperson)

DATE-26-05-2026

Dr. Lancy D' souza
Chairman , Board Of studies ,
Tumkur University,
Tumkur.

To,
The Registrar (academic)
Tumkur University
Tumkur, Karnataka

Respected sir/ madam

Sub: Request to keep SEC paper, (SEP) Psychology of Health and Wellbeing (SEP) for 5th semester students.

With reference to the above subject, The Chairman and members Board of Examiners,Tumkur University have discussed in the meeting to keep the SEC paper, Psychology of Health and Wellbeing, for the 5th semester students 2026-27.

I request you to issue a notification regarding the conduct of the SEC examination for 5th semester (SEP) 2026-27 for the benefit of students as it promotes mental health and academic performance.

We hope you will consider our request and take necessary action at the earliest.

Yours faithfully



Dr. Lancy D' souza
Professor and Head of the
Department.Psychology
Maharaja's College , Mysore.
Chairman , Board Of studies ,
Tumkur University,
Tumkur.



ಕಾಲೇಜು ಮತ್ತು ತಾಂತ್ರಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ
ಕರ್ನಾಟಕ ಸರ್ಕಾರ

Department of Collegiate and Technical Education
Government of Karnataka

ಶಾಸ್ತ್ರೀಯ ಸಾಧ್ಯತೆ, ಕೇಂದ್ರೀಯ, ಬೆಂಗಳೂರು - 560001; ದೂರವಾಣಿ: 08022223906; ಇಮೇಲ್: bangalore@kar.nic.in

ಸಂಖ್ಯೆ:ಕಾಲೇಜು-52:ಸುತ್ತೋಲೆ:2024-25:ವಕಿ-ನಿ

ದಿನಾಂಕ: 21-08-2025

ಸುತ್ತೋಲೆ

ವಿಷಯ: ಇಎಂಐಎಸ್ ತಂತ್ರಾಂಶದಲ್ಲಿ 2025-26ನೇ ಸಾಲಿನ ಬೋಧನಾ ಕಾರ್ಯಭಾರದ ವಿವರಗಳನ್ನು ದಾಖಲಿಸುವ ಬಗ್ಗೆ.

ಇಲಾಖಾ ವ್ಯಾಪ್ತಿಯ ಸರ್ಕಾರಿ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜುಗಳಲ್ಲಿ 2025-26ನೇ ಸಾಲಿಗೆ ಅತಿಥಿ ಉಪನ್ಯಾಸಕರ ನೇಮಕಾತಿ ಪ್ರಕ್ರಿಯೆ ಕೈಗೊಳ್ಳಲು ಬೋಧನಾ ಕಾರ್ಯಭಾರ ವಿವರಗಳ ಅಗತ್ಯವಿರುವುದರಿಂದ ಕಾಲೇಜುಗಳಲ್ಲಿ ಬೋಧಿಸುತ್ತಿರುವ ವಿವಿಧ ವಿಷಯಗಳ ಸ್ನಾತಕ ಮತ್ತು ಸ್ನಾತಕೋತ್ತರ ಪದವಿಗಳ 2025-2026ನೇ ಸಾಲಿನ ಕಾರ್ಯಭಾರ ವಿವರಗಳನ್ನು ನಿಖರವಾಗಿ ದಿನಾಂಕ: 26-08-2025ರ ಒಳಗಾಗಿ ಇಲಾಖೆಯವರಿಗೆ EMIS ತಂತ್ರಾಂಶದಲ್ಲಿ W&S ನಮೂನೆಯೊಂದಿಗೆ Upload ಮಾಡಲು ಸೂಚಿಸಲಾಗಿದೆ.

ಕಾಲೇಜುಗಳಿಂದ EMIS ನಲ್ಲಿ ದಾಖಲಾಗುವ ಕಾರ್ಯಭಾರ ವಿವರಗಳನ್ನು ಸಂಬಂಧಪಟ್ಟ ಪ್ರಾದೇಶಿಕ ಜಂಟಿ ನಿರ್ದೇಶಕರು ಕಾರ್ಯಭಾರ ವಿವರಗಳು ಸರಿಯಾಗಿರುವ ಬಗ್ಗೆ ಪರಿಶೀಲಿಸಿ EMIS ನಲ್ಲಿ ದೃಢೀಕರಣವನ್ನು ನೀಡಲು ಸೂಚಿಸಿದೆ.

EMIS ನಲ್ಲಿ ನಮೂದಿಸುವ ಕಾರ್ಯಭಾರದ ಆಧಾರದ ಮೇಲೆ ಅತಿಥಿ ಉಪನ್ಯಾಸಕರ ನೇಮಕಾತಿ ಆಗುವುದರಿಂದ ಯಾವುದೇ ಮಾಹಿತಿ ತಪ್ಪು ಎಂದು ಕಂಡು ಬಂದಲ್ಲಿ ಸಂಬಂಧಿಸಿದ ಪ್ರಾದೇಶಿಕ ಜಂಟಿ ನಿರ್ದೇಶಕರು/ಪ್ರಾಂಶುಪಾಲರನ್ನೇ ಸೇರಿಸಿ ಪರಿಶೀಲಿಸಿ ತಿದ್ದುಪಡಿ ಕೈಗೊಳ್ಳಲಾಗುವುದೆಂದು ಸೂಚಿಸಲಾಗಿದೆ.

ವಿಷಯವಾರು ಬೋಧನಾ ಕಾರ್ಯಭಾರದ ಲೆಕ್ಕ ಹಾಕುವಾಗ ಕೆಳಗಿನ ಮಾರ್ಗಸೂಚಿಗಳನ್ನು ಅನುಸರಿಸುವುದು.

1. ಪ್ರತಿ ಬೋಧನಾ ತರಗತಿಯಲ್ಲಿ (Theory Class) ವಿದ್ಯಾರ್ಥಿಗಳ ಸಂಖ್ಯೆ:

ಕೋಷ್ಟಕ-01:

ಪ್ರತಿ ಬೋಧನಾ ತರಗತಿ/ವಿಭಾಗಕ್ಕೆ ಗರಿಷ್ಠ ವಿದ್ಯಾರ್ಥಿಗಳು (Maximum Students in each Theory Class/Section)*			
ಭಾಷಾ/ವಾಣಿಜ್ಯ/ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ವಿಷಯಗಳೂ ಸೇರಿದಂತೆ ಮಾನವಿಕ ಮತ್ತು ಸಾಮಾಜಿಕ ವಿಜ್ಞಾನ ವಿಷಯಗಳು (Humanities and Social Sciences subjects, including Language, Commerce and Management subjects)		ನೈಸರ್ಗಿಕ ಮತ್ತು ಅನ್ವಯಿಕ ವಿಜ್ಞಾನ ವಿಷಯಗಳು (Natural and Applied Science Subjects)	
ಪದವಿ ತರಗತಿ (UG Class)	ಸ್ನಾತಕೋತ್ತರ ಪದವಿ ತರಗತಿ (PG Class)	ಪದವಿ ತರಗತಿ (UG Class)	ಸ್ನಾತಕೋತ್ತರ ಪದವಿ ತರಗತಿ (PG Class)
75	50	66	40
ಸೂಚನೆ: AICTE ನಿಂದ ಅನುಮೋದನೆಗೆ ಒಳಪಟ್ಟ ವೈಶಿಷ್ಟ್ಯ ಕೋರ್ಸುಗಳಾದ BBA/ BCA/ MCA/ MBA ಹಾಗೂ BCI ನಿಂದ ಅನುಮೋದನೆಗೆ ಒಳಪಟ್ಟ ವೈಶಿಷ್ಟ್ಯ Law ಕೋರ್ಸುಗಳಿಗೆ ವಿದ್ಯಾರ್ಥಿಗಳ ಗರಿಷ್ಠ ಸಂಖ್ಯೆಯನ್ನು AICTE/BCI ನಿಯಮಾವಳಿಯಂತೆ ಪಾಲಿಸುವುದು.			

2. ಭಾಷಾ, ವಾಣಿಜ್ಯ ಮತ್ತು ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ವಿಷಯಗಳೂ ಸೇರಿದಂತೆ ಮಾನವಿಕ ಮತ್ತು ಸಾಮಾಜಿಕ ವಿಜ್ಞಾನ ವಿಷಯಗಳಲ್ಲಿ 75 ಕ್ಕಿಂತ ಹೆಚ್ಚಿನ ಸಂಖ್ಯೆಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಹಾಗೂ ನೈಸರ್ಗಿಕ ಮತ್ತು ಅನ್ವಯಿಕ ವಿಜ್ಞಾನ ವಿಷಯಗಳಲ್ಲಿ 66 ಕ್ಕಿಂತ ಹೆಚ್ಚಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿದ್ದಲ್ಲಿ ಎರಡನೆಯ ವಿಭಾಗವನ್ನು ನಡೆಸುವುದು.
3. ತರಗತಿ ಕೋಠಡಿಗಳು ಚಿಕ್ಕದಾಗಿದ್ದರೆ ಕೋಷ್ಟಕ-01 ರಲ್ಲಿರುವ ಬೋಧನಾ ತರಗತಿಯ ಗರಿಷ್ಠ ಸಂಖ್ಯೆಗಿಂತ ಕಡಿಮೆ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅವಕಾಶವಿರುತ್ತದೆ.
4. ಪ್ರತಿ ಪ್ರಾಯೋಗಿಕ ಬ್ಯಾಚ್‌ನಲ್ಲಿರುವ ವಿದ್ಯಾರ್ಥಿಗಳ ಸಂಖ್ಯೆ:

ಕೋಷ್ಟಕ-02:

ಪ್ರತಿ ಪ್ರಾಯೋಗಿಕ ತರಗತಿ (ಬ್ಯಾಚ್) ಯಲ್ಲಿ ಗರಿಷ್ಠ ವಿದ್ಯಾರ್ಥಿಗಳು (Maximum Students in each Practical Class (Batch))	
ಪದವಿ ತರಗತಿ (UG Class)	ಸ್ನಾತಕೋತ್ತರ ಪದವಿ ತರಗತಿ (PG Class)
16	12