1st Semester

BSW

1.3: Introduction to Social Work

Total Hours: 60

Objectives:
- Understand the history of Social Work Profession in India & abroad
- Understand the basic values and principles of Social Work profession
- Understand the basic concepts relevant to Social Work practice.


Unit II: Social Work: Meaning, Definitions, Basic Assumptions, Scope, Objectives, and Functions and Methods.


  Development of Social Work education in India and Karnataka

Unit IV: Basic values, Philosophy and Principles of social work

Unit V: Problems faced by social work profession in India:

  Misconceptions about professional social work

Reference:


Friendlander W A ( ), Introduction to Social Welfare:

Friendlander W A ( ), Concepts & Methods of Social Work:

Gore M.S ( ), Social Work & Social Work Education:

P D Mishra ( ), Social Work Philosophy & Methods:

Paul Choudhary ( ), Introduction to Social Work:

Sanjay Bhattacharya ( ), Social work- An Integrated Approach:

Wadia ( ), History & Philosophy of Social Work in India:

.
1st Semester
BSW

1.4 Social Sciences for Social Work Practice

Total Hours: 60

Objectives

- Understand the basic Social Sciences concepts, principles, theories & its application in social work profession
- Understand and analyze Sociological, Psychological, Economical, Anthropological and Political problems with social work perspective

Unit I: Sociology

12 Hours

Sociology: Meaning, Definitions, Origin, Development and Importance.

Primary Concepts in Sociology- Society, Culture, Community - Meaning & Characteristics. Significance of sociology in social work.

Social institutions: Family, Marriage, Religion, education,


Anthropology: Meaning, Definitions, Importance and scope of Anthropology, Relationship between anthropology and Social Work,

Unit III: Economics: Meaning, Definitions. Basic economic questions,

Significance of economic concepts in Social Work


Economic Problems: Poverty, Unemployment and Over population – Meaning, magnitude, causes and consequences.

Globalization Privatisation and Liberalisation: Meaning and Implications
Unit IV: Political Science 12 Hours

Meaning, Definitions and Importance of Political Science,

Relationship between Social Work and Political Science.


Unit V: Psychology 12 Hours

Meaning, definitions, Nature and Importance of psychology.

Relationship between Psychology and Social Work.

Basic psychological Concepts: their components, theories and process:
Intelligence, Memory, Thinking, Emotions, Learning.

References:


Ahuja, Ram (1999), Society in India, Rawat Publications, Jaipur.


Hurlock E. B. (1971), Developmental psychology, New Delhi, Tata Mcgraw Hill 5th Ed.


India: Towards Equality:

Report of the Committee on the Status of Women in India, New

Newman P.R & Newman B.M (1981), Living; the process of Adjustment Illinois; The Dorsey process;
Sareshwathi T.S, Dutta R (1987), Development psychology in India, Delhi; Sage publications.


Srinivas, M.N (1962), Caste in Modern India and other Essays, Bombay, Asia Publishing House.
1st Semester
BSW

1.5 Fields of Social Work in India

Objectives: 60 Hours

1. Understand the concept, definition, objectives and functions and Fields of social work.
2. Understand the current trends in Fields of social work practice in India.
3. Develop understanding about the fields of social work.

Unit I: Family & Child Welfare:

*Social work intervention in Child welfare and Development services;*
Functions of Juvenile Justice boards, Observation homes, Special homes, State home for women’s, Child welfare committees & Adoption Services: *Duties and responsibilities of Social workers in Rehabilitation and Reintegration.*

Structure and Functions of Family Counselling Centres: *Role of Social workers in providing Counselling Services under ICDS: Role of Social Workers/CDPO’s in Implementation*

Unit II- Medical & Psychiatric Social Work:

Concept of Patient as a Person.
Social & Emotional factors involved in disease.
Reaction to terminal illness.
Role of medical social worker, role of psychiatric social worker

Unit III: Community Development:

Contemporary Community development Programmes of government and Non-governmental Organisational: MGNREG, TSP, UPAP, SGSRY, etc.: *Role of Social workers in effective implementation.*
UNIT IV:

People Living WITH HIV/AIDS: Services of ICTC’s: Role of Social Work Counsellors.


References:


Jacob, K. K. (1965), Methods & Fields of Social Work in India, Bombay: Asia Publishing


Moorthy, M. V. (1974), Social Work - Philosophy, Methods and Fields, Dharwar, Karnataka University.

Shastri, Rajaram: Samaj Karya(Varanasi: Kalyan Tatha Siksha Sansthan,1972)

2nd Semester
BSW
2.3 Indian Legal System Knowledge for Social Work Practice

Objectives: 60 Hours

- To understand the basic concept of Judicial system
- To develop in students the necessary legislation knowledge to practice Social work

Unit I: Judicial System 12 Hours
Concept of Judicial System in India. Structure of court system.

Elementary Concepts of: FIR, arrests, warrant, bail, charge sheet, police custody, judicial custody, rights of arrested person/s, rights of women and children in prison.

Unit II: Public interest litigation 12 Hours
Concept, problems and processes of Public interest litigation.
History of Public interest litigation in India.

Unit III: Legal Aid 12 Hours
Concept of Legal Aid, History of Legal Aid in India, need for Legal Aid, Legal Aid schemes and problems.
Indian legal system and its relevance for depressed masses.
Proceedings of Lok adalat.

Unit VI: Parole 12 Hours
Concept, Meaning, Definitions and Process of Parole. Eligibility for parole, How Legal Aid can assist with parole issues, Role of Social Worker in Prisons.

Unit V: Right to information Act (RTI) 12 Hours
Concept of Right to information Act (RTI): Salient features of RTI, Consumer forum, Consumer Justice in India, Procedure to lodge a consumer
Complaint, and National Consumer Disputes Redressal Commission (NCDRC).  
*Role of Social Worker in handling legal aid.*

**References:**


Constitution of India

M. Savur and I. Munshi (eds.) Contradictions in Indian Society, Jaipur: Rawat Publications.


2nd Semester

BSW

2.4 Social Work Practice with Individuals

Objectives 60 Hours

- To understand the basic concepts in Social Work Practice with individual and families.
- To acquaint the students with the process of Social case work.
- To develop in students the necessary attitude and skills to practice Social case work.

UNIT I: Introduction 12 Hours

Social Case Work: Meaning, Definitions, Objectives, Scope, Values and Historical development of Social Case Work,

Case work as a method of Social Work, Importance of Case Work.

UNIT II: Principles and Tools 12 Hours


Social Case Work Tools: Listening, Observation, Communication Skills, Home visit, Interview, Recording.

UNIT III: Components of Social Case Work 12 Hours

Components of Social Casework: The Person, the Problem, the Place and the Process.

UNIT IV: Social Case work application in Different Settings  12 Hours

Social Case work application in Different Settings: Primary and secondary settings.

Application of Social Case Work in: family, women, and child welfare settings, marriage counselling centers, schools settings, medical and psychiatric settings, correctional institutions, and industry.

UNIT V: Approaches of Social Case Work  12 Hours

Approaches: Psycho-social approach, Functional approach, Problem solving approach.


REFERENCES:
Hollis: Case work: A Psychosocial Therapy, New York, Random House.
Richmond, Mary E (1917), Social Diagnosis, New York, Free Press.
Roberts, Robert W and Robert H nee (Eds) (1970), Theories of Social Case Work,
Chicago, University of Chicago Press.


Turner, F.J(Ed) (1976), Differential Diagnosis and Treatment in Social Work, New York, the Free Press.


2nd Semester
BSW

2.5 Social Work Perspective of Human Growth and Development

Objectives
- Understand the human growth, Development, behaviour, emotions, feelings & attitudes
- Understand the basic concepts of Human Development & its application in social work
- To provide basic awareness about psychiatric disorders

Unit I. Developmental Psychology: Definition, Meaning & scope.
Developmental psychology and Social Work.

Growth and Development: Meaning, Facts and Stages in development. Tasks in developmental stages.

Unit II: Prenatal Development: Pregnancy, Child Birth, Problems during delivery
Infancy: Characteristics, Attitude of significant people, Family influence
Babyhood: Characteristics, Child rearing practices, Family relationship

Unit III: Early Childhood: Language Development, Preschool Education, Play & its importance
Late childhood: Influence of school, Social Grouping & Social Behaviour,
Psychosocial factors of child growth & development

Unit IV: Puberty: Physical changes & its effects, Behavioural changes.
Adolescence: Period of Storm & Stress, Identity Crisis, Peer Group Influence, Family Frictions, Social Relationship & Sexuality.

Unit V: Early Adulthood: Vocational Adjustment, Role Changes, Marital Relationship, And Adjustment to Parenthood.
**Middle age:** Adjustments in family, Widowhood, Preparation for old age

**Old age:** Physical & Psychological Characteristics, Needs & Problems

**Reference:**


Kumar S (2002), Principles of Developmental psychology, Anmol Publications

David R Shafer (2009), Developmental psychology childhood and adolescence, Cengage Learning

Brhma Prakas ( ), Complete Book on Pregnancy & Child birth

Dusek Jerome B ( ), Adolescent Behaviour & Development:

English & Pearson ( ), Emotional Problems of Living
3rd Semester

BSW

3.3 Social Work Practice with Groups

Total Hours: 60

Objectives

- To understand the scope of Group Work in social work intervention
- To familiarize with group formation, group work process & evaluation

UNIT-I: Social Groups 12 Hours

Social Groups: Meaning, Definition, Characteristics, Classification of Groups.

Types of Group: Primary and Secondary Groups, its Nature and Significance.

UNIT-II: Social Group Work 12 Hours

Social group work: Meaning, Definition, Characteristics, Specific objectives of group work.

Historical Development of Group Work,

Values and principles (Trecker), underlying work with groups.

UNIT-III: Group Work Process 12 Hours

Group Work Process: Pre-group, group formation, beginning phase, middle phase, advanced phase, use of programs, evaluation in groups and termination phase.

Types of Group Work: Developmental, Remedial, Therapeutic, Recreational, Educational, Task Oriented.

Understanding group dynamics, Stages of Group Development (Tuckman), Group Work Skills and Techniques.
UNIT – IV: Social Group Work Practice in Various Setting  

Social group work practice in various settings: Educational Setting, Industrial Settings, Community Settings, Correctional Settings.

UNIT V: Group Work Recording

Meaning, Concept, Principles of Recording, significance of recording,

Types of recording and advantages of recording in Group Work.

REFERENCES:


3rd Semester
BSW

3.4 Contemporary Social Problems and Social Work

60 Hours

Objectives:

- To provide insight about present social problems and their magnitude.
- To enable the students to understand the impact of social problems on social life.

UNIT I: Social problems

Social problems: Concept, Meaning and Definitions.
Classification of social problems. Causes and consequences of social problems.
Social work approach in: the prevention, control and management of social problems.

Unit II- Poverty and unemployment: Meaning, Types and Causes.
Programmes for alleviating poverty and unemployment.
Population problems: Causes, Characteristics and preventive programmes.
Communalism, Casteism and terrorism

Unit III- Substance Abuse: Causes, Types, preventive measures.
Suicide: Definition, Causes, Preventive Measures and Crisis Intervention.
AIDS: psychosocial and medico legal aspects

Unit IV: Crime: Concept, and prevention Violence against women, Human Trafficking, Migration and Displacement

Unit V: Juvenile Delinquency: Classification, Causes and Preventive Programmes.
Child abuse: School & Family Interventions.
**Child Labour:** causes, remedial programmes

**REFERENCES**


3rd Semester
BSW
3.5 Social Reform Perspectives of Social Work

Objectives:

• To provide insight about Social reformer contribution to Society.
• To allow the students to know the impact of reform in upliftment of underprivileged people

Unit I: 12th Century Social Reform Movement

12 Hours

Concept of Social Reform; 12th Century Social Reforms in Karnataka:


Unit II: Educational Reform Movement

12 Hours

Contributions on Education Empowerment: Jyotiba Phule: Brief Life history, Philosophy of Education, Formation of Satya Shodhak Samaj: Ideas on Social Justice and Equality,

Savithriya phule: Brief Life history, contribution to women’s education

Unit III: Contribution of Kings for Social Justice

12 Hours

Contribution of Maharajas in eradication of untouchability: Nalvadi Krishnaraja wodeyar: Brief Life history, his Reservation policy for backward class and depressed classes, Appointment of Millers Committee, encouragement for women’s education.

Chatrapathi Sahu Maharaj: Brief Life history, his reservation policy for backward communities and dalits. Sahu tea shops for eradication of untouchability.
Unit IV: Social Reformers in South India  
Social Reformers in South India: **Periyar Ramaswami Naykar:** Brief Life history, Philosophy on Self Respect, Campaign in favor of Reservations, various campaigns for Social Reform, Periyar and Women's Rights.

**Narayana Guru:** Brief Life history and His Societal Reforms, Vaikom Satyagraha, Political Ideology, Philosophy of Atma Vidya (Mirror Prastishta).

Unit V: Social Reforms in 20th Century  
**Dr. B.R Ambedkar’s Contributions for Social Justice:** Brief life history, His arguments in the round table conferences for the political reservations for **Dalits.** Brief analysis of historical Poona pact. His contributions for social justice through the Indian constitution.

**Dr. Babu Jagjivan Ram:** Brief Life history and the contributions for the socio-economic development of India. His contributions for green revolutions.

References


Jaisingrao B. Shinde (1995), The Study Of Educational Thoughts And Work Of Chhatrapati Shahu Maharaj Of Kolhapur


M P Kamal, Babu Jagjivan Ram, Raja Pocket Books
Miller Cleslie (1918) Miller Commission Report, Govt. of India Gazetteer.

N.K. Singh and A.P. Mishra, Global Encyclopedia of Indian Philosophy 92

Nalin Vilochan Sharma, Jagjivan Ram A Biography, Sanjivan Press Digha Ghat, Patna


Review of the Progress of Education of Mysore State, 1916-17 to 1922-23.

Review on the Progress of Education of Mysore by Quinquinium, 1931-32.
4th Semester BSW
BSW
4.3 Social Psychology for Social Work Practice

60 Hours

Objectives

- To enable students to understand the influence of social factors on individual behavior.
- To understand the social problems in terms of various social psychological theories.
- To provide the students with an overview of various social phenomenon

Unit 1: Introduction 12 Hours
Definition, need of social psychology for Social Work, focuses on the behavior of individual, causes of social behavior and thought. Brief history.

Methods of Social Psychology: systematic observation, correlation, experimental.

Unit II: Perception 12 Hours

Person Perception: Person perception-forming impressions of others, use of information, integrating impressions.

Social perception: non verbal communication, attribution- understanding the causes of others behavior,
Kelly’s theory of attribution

Unit III: Attitude, Stereotyping and prejudice 12 Hours

Attitude: Meaning and Definition, Components of attitude,

Process of attitudes development: classical conditioning, instrumental conditioning, observational learning, attitude maintenance and change.

Stereotyping and prejudice: Nature and origin of stereotyping and prejudice
Unit IV: Pro-social behavior

12 Hours

Responding to an emergency, external and internal influences, theories and steps, ways to increase prosocial behavior

Unit V: Social Influence and Social Relations

12 Hours

Social Influence: Conformity; Compliance & obedience.

Social Relations: Interpersonal attraction: internal, external and interactive determinants of attraction;

References:


4th Semester

BSW

4.4 Administration of Social Welfare organizations

Total Hours: 60

Objectives

- To study Voluntary Agency Administration
- To study legal aspects of Social Work Administration
- To create awareness about the various social welfare programmes implemented by Central & State Governments

Unit I: Introduction 12 Hours

Social Welfare Administration: Concept Definition and meaning, Scope of Social Welfare Administration.

Evolution of Social Welfare Administration in India.

Principles of Social Welfare Administration.

Difference between Social Welfare Administration and Public Administration.

Unit II: Basic Administration Process 12 Hours

Basic Administration Process: Planning, organizing, Staffing, Directing, Co-ordination, Reporting, Budgeting (Luther Gulick’s POSDCORB).


Unit III: Social Welfare Organizations 12 Hours


Establishment of human service organization: registration, different types of Legislations (Societies, Trust and co-operative act), legal status, Bylaw, Vision and Mission formation.
Unit IV: Central Social Welfare Board  


Unit V: Social Welfare and Development Programmes  


References:


4th Semester

BSW

4.5 DISPLACEMENT AND REHABILITATION

Total Hours: 60

Objectives:

- To give a global view on the displacement.
- To make students understand that displacement is an important phenomenon in the current socio-political and economic contexts.
- To expose the students on the practical aspects in dealing with displaced people.

UNIT I

12 Hours

Introduction to Displacement: definition of terms Displaced, Refugee, Migrant, Internally displaced people. Types, causes and a historical background of displacement.

Introduction to Rehabilitation: Meaning and types,

Disaster and displacement: Types of Disaster, causes, measuring them magnitudes of disaster.

Unit II: Globalization and Displacement

Concept of SEZ, SEZ areas in Karnataka, Protests against SEZ. Concept of Anti-Globalization Movements.

UNIT III

12 Hours

Issues in displacement: Women, Children and other marginalized communities. (Unaccompanied children and trafficking of women) Survival strategies, livelihood, housing, health and nutrition, trauma, vulnerability factors.
UNIT IV

12 Hours

**Interventions:** Conducting assessments, organizing emergency relief, monitoring and evaluation.

Do no harm approaches to rescue, relief, rehabilitation and reconstruction (Planning and executing a comprehensive package for long term rehabilitation).

Trauma awareness and recovery, Repatriation, resettlement and integration, Early warning systems.

UNIT V

12 Hours

**Case studies:** Displacement of Slum dwellers in Karnataka, Narmada displacement, Alamaty dam displacement, Latur earthquake, Orissa Super Cyclone.

References:

Amar Assam, (2000), Reports on Relief Camps, March 15 and April 5, 2000, Guwahati


4TH SEMESTER

OPEN ELECTIVE PAPER

OEP 4. Social Work perspectives of Gender equity

28 Hours

Objectives

- To understand the present status of women in India
- To understand the concept of women empowerment
- To understand the Various Government and Non-Government programmes available for women empowerment.

UNIT I: WOMEN IN INDIA 8 Hours

Status of women in India: historical perspective (during Vedic period, medieval period and pre-independent India) status of women in independent India. Women empowerment: Meaning, Definition, need for social work services.

UNIT II: GENDER SENSITIZATION 10 Hours

Gender issues and evidence of gender discrimination-Key indicators: sex ratio, infant mortality rates, age at marriage, literacy rate: enrolment and dropout rates in schools, education of women at different levels. Employment: organized and unorganized sectors, gender index, improved self-esteem of girls and women.

UNIT III: SOME MAJOR ISSUES RELATING TO WOMEN IN INDIA SOCIETY 10 Hours

Female feticide and infanticide, Declining sex ratio, Rape and sexual abuse, Dowry and domestic violence, Female infant mortality, girl child mortality and maternal mortality
Women, politics and representation
REFERENCES:


5th Semester

BSW

5.1 Community Organization and Social Action

60 Hours

Objectives

- To understand the concept of Voluntary Action
- To study legal aspects of Voluntary Action

Unit I: Community

Community: Meaning, Definition, characteristics, Functions and types - rural, urban and tribal communities.

Unit II: Community organization

Community organization: Meaning, definition, Characteristics, Principles, scope.
Community development: concept, meaning and its scope in India.

Historical development of community organization in UK and USA.
Difference between community organization and Community Development.

Unit III: Programmes in community development

Community organization and community development in India, community welfare council and community welfare chest.
Identifying community problems, analysis of problems of marginalized groups, launching of community awareness programme, education and extension programmes in community development.

Unit IV: Processes in community organization

Processes in community organization: community study, analysis, identification of needs, making priorities, planning and implementation, evaluation and follow-up.
Unit V: Social Action  

Social Action: Concept, Definitions, Objectives, Principles, Methods and Strategies:

Scope of social action in India,

Social action and social problems.

Role of Social Workers in Social Action.

REFERENCES:


Henderson, Paul Jones, Davit and Thomas, David N: The Boundries of Change in Community Work, George Allen and Unwin, Boston, 1980.


Marulasiddaiah, H.M: Community: Area and Regional Development in India, BangaloreUniversity, Bangalore, 1987.


Mukherji, B: Community Development in India, Orient Longman, New Delhi, 1961.

Murphy, C.G: Community Organization Practice, Houghton Mifflin co., Boston, 1954.


5th Semester

BSW

5.2 Social Work Research and Statistics

60 Hours

Objectives

- To develop a scientific approach for systematic procedure in social work research
- To familiarize with various statistical techniques for analyzing data

UNIT I: Social Work Research and Social Research 12 Hours

Social Work Research and Social Research: Meaning, definitions, objectives, scope and importance.

Differences between Social Research and Social Work Research.

Social Work Research as a method of Social Work

UNIT II: Research Process 12 Hours

Identifying and formulating the research problem,

Literature review,

Formulation of research Objective,

Hypotheses: definitions, Meaning and types.

Variables: definitions, meaning, and types.

UNIT III: Research Design 12 Hours

Research Design: Meaning, Functions, Contents.

Types of Research Design: Survey Design, Exploratory Design, Descriptive
design, Experimental Design.

**UNIT IV: Sampling**  
12 Hours

**Sampling:** Meaning, Definition, Significance.

**Types of Sampling:** probability and non-probability sampling.

Concept of universe and population.

**UNIT-IV: Data Collection**  
12 Hours

**Methods Data Collection:** Concept, Primary and Secondary Data.

**Tools and Techniques of data collection:** Observation, interview, questionnaire, Survey, Pilot Study.

**Processing of data:** Editing, coding, Classification, Master Chart, Tabulation, Graphical & diagrammatic Representation

**UNIT V: Statistics for Social Work Research**  
12 Hours

**Statistics:** Meaning, Importance of Statistics in social work research,

**Measures of central tendency:** Arithmetic Mean, Median and Mode

**Measures of Variation:** Range, Standard Deviation.

**Research Report Writing:** Meaning, Definition, Importance and Process.

**REFERENCES:**


Gupta, S.P: Statistical Methods, Sultanchand and Sons, New Delhi, 1984.

Kothari, C.R: Research Methodology – Methods and Techniques, Second Edition,
Wishwa Prakashan, New Delhi, 1990.


5TH Semester
BSW

5.3 Human Rights Approaches of Social Work 60 Hours

Objective

• To gain knowledge about human rights
• To understand the different aspects of Human Rights
• To acquire competency to apply knowledge of human rights in social work practice

Unit I: Foundational Aspect 12 Hours

Human Rights: Meaning, Definition and Importance,
Notion and Classification of Rights: Natural, Moral and Legal Rights,
Three Generations of Human Rights: Civil and Political Rights; Economic, Social and Cultural Rights; Collective/Solidarity Rights

Unit II: Evolution of the Concept of Human Rights 12 Hours

Journey from Magna Carta to the Universal Declaration of Human Rights (Magna Carta)
The united States Declaration of Independence;
The French Declaration of the Rights of Man and the Citizen;
United States Bill of Rights;
Geneva Convention of 1864;

Unit III: International Initiatives 12 Hours

International Bill of Rights (Significance of Universal Declaration of Human Rights).
International Covenant on Civil and Political Rights.
Unit IV: Rights of the Disadvantaged Groups  12 Hours

Human rights of Scheduled Castes, Scheduled Tribes, Other Backward Castes and Minorities
Mechanisms for the protection of the rights of disadvantaged groups

Unit V: Human Rights Movement in India  12 Hours

Movement for Group Rights,

Movements: Movement for Civil Rights.

Duties of the individuals and the state towards Women, Children, and other Marginalized Groups.

Duties of Social worker to eradicate Social Hierarchy, Bias and Exploitation.

References:


5th Semester

BSW

5.4 Communication and Counselling

Total Hours: 60

Objectives:

- To develop communication, public speaking, listening skills in students
- To develop students as trainers or resource person in conducting training programmes
- To understand the concept and theories of counselling for Social Work practice

Unit I: Introduction 12 Hours

Communication: concept, Meaning, Definition, significance, principles.

Process: Sender, Messenger, Channel, Receiver, and Feedback

Forms of communication: Verbal, non-verbal.

Importance of Communication in Social Work Profession

Unit II: Types of Effective Communication 12 Hours

Types of Effective Communication: Intrapersonal and Interpersonal, group communication and mass Communication, Barriers in Communication.

Listening: Benefits of Effective Listening, Causes of Poor Listening, Developing Listening Skills.

Unit III: Mass Communication 12 Hours

Mass Communication: Meaning and Characteristics of Mass Communication,
Types of Mass Communication: Electronic Media: Radio, Television, Film, and Internet.

Public Speaking: Concept, Principles and Types (Introduction speech, Master of Ceremony (MC), Vote of Thanks.

Unit IV: Counselling 12 Hours

Counselling: Meaning, definition and Principles of Counseling.

Counselor and counselee relationship.

Process of counselling.

Qualities of an effective counsellor.

Counseling skills


Unit V: Practice of counseling 12 Hours

Practice of counseling: family counseling centers, family courts, premarital and Post-marital counseling, vocational counseling centers, mental health centers, child guidance clinics, correctional institutions, de-addiction and rehabilitation centers, educational institutions.

References:


McQuail’s Mass Communication Theory (4th and 5th Edition): Denis McQuail


Mohan, Krishna and Banerji, Meera: Developing Communication Skills, Macmillan India Ltd., Delhi, 1990.


Uma Narula: Development Communication

5th Semester

BSW

5.5 (A) Social Work and Health Care

Total Hours: 60

Objectives:

- To develop an understanding about dimensions of health.
- To understand the concept of health & its various perspectives.
- To develop an understanding of the health situation in India.
- To familiarize with various health problems & its impact on communities.
- To develop skills for planning and implementing Health care programmes.
- To become a knowledgeable social worker with an insight into community health.

UNIT I: Introduction 12 Hours

Health: Concept, Meaning and Definitions, Determinants and Dimensions of Health, factors affecting Health.

Health care: Concept, Principles of Primary Health Care. Concept of social medicine, preventive medicine and community health.

UNIT II: Diseases 12 Hours

Diseases: Concept and Characteristics of Epidemics, Endemics, Pandemics

Major communicable diseases: causes, symptoms and treatment of T.B., STIs, Malaria, Typhoid, Leprosy, H1N1 (Swine flu), Bird Flu.

Non-communicable diseases: symptoms, causes and treatment of Cancer, Diabetes, Hypertension, Cardiac disorder.
UNIT III: Mental Health 12 Hours

**Mental Health:** Meaning and definitions of Mental health, Mental illness, Mental retardation and Mental disorder. Common mental disorders: symptoms, causes and treatment of Neurosis, Psychosis, Personality disorders, and other psychiatric disorders: Alcoholism, Drug abuse, Suicide. Role of the Social Worker in the field of mental health and mental illness.

UNIT IV: International Health Agencies 12 Hours

**International Health Agencies:** World Health Organization, UNICEF contribution for Health, Food and Agriculture Organization (FAO), World Bank, Joint United Nations Programme on HIV/AIDS (UNAIDS), The Global Fund to Fight Tuberculosis and Malaria

UNIT V: Community Health 12 Hours

**Community Health:** concept, indicators of community health,

Health Care facilities; community and disease, general epidemiology, dynamics of disease and general measures of communicable disease control.

Major national health programmes: Universal Immunization Programme (UIP), National Rural Health Mission (NRHM), Prevention & Control of Non Communicable Diseases, Revised National TB Control Programme (RNTCP)

REFERENCES:


Hanlon, J.J and Picket, G.E: Public Health (1979), Administration and Practice,


Rusk, Howard, A: Rehabilitation Medicine, C.V.Mosby Company, Saint Louis.


UNICEF: Health and Basic Services, UNICEF South Central Asia Regional Office, New Delhi.


Suryakantha. A.H (2014), Community Medicine with Recent Advances, Medical Publisher,

Journal:

The National Medical Journal of India
5th Semester
BSW
5.5(B) Fundamentals of Nutrition

60 Hours

Objectives:

1. To help students to discuss the relationship between food, health and diseases.
2. To help students to assess the diseases caused by deficiency of vitamins and Minerals.
3. To enable students to practice dietary habits that contributes to healthy lifestyle

Unit I: Basic Concepts of Nutrition

12 Hours

Basic knowledge of Nutrition: Definition and importance of study of Nutrition.

Basic Food Groups: Types of Food Groups

Nutrients and their Classification:

Carbohydrates: Significance, Nutritive value, Functions, Sources, Deficiency.

Proteins: Significance, Nutritive value, Functions, Sources and Deficiency

Fats and Oils: Significance, Nutritive value, Functions sources and Deficiency

Unit II: Mineral Elements

12 Hours

Calcium: Significance, Nutritive Value, Functions, Sources and deficiency.
Iron: Significance, Nutritive Value, functions, Sources and Deficiency.
Iodine: Significance, Nutritive Value, functions, Sources and Deficiency

Fat soluble Vitamins:

Vitamin A: Functions, Sources and Deficiency,
Vitamin D: Functions, Sources and Deficiency,
Vitamin E: Functions, Sources and Deficiency,
Vitamin K: Functions, Sources and Deficiency
Water Soluble Vitamins:

B-Complex Vitamins: Functions, Sources and Deficiency,
Vitamin C: Functions, Sources and Deficiency,
Water: Its importance and Functional Value

Unit III: Food 12 Hours

Green leafy vegetables:

Fibre: Significance and Nutritive Composition, Significance and role of fibre in the body,
Benefits of Fibre, Harmful effects of Low fibre in the Diet

Understanding food combination: Its impact on self, highlights of right and wrong food combination,
Effects of common eatables and their harmful ingredients.

Guidelines for Planning Balanced Diet: Planning Nutritional Diet a) Lactating Mothers b) Iron Deficiency

Unit IV: Malnutrition 12 Hours

Malnutrition: Definition, Causes and effects of maternal malnutrition, Causes and effects of malnutrition in children.

Community Nutrition programmes: Balawadi Nutrition program, Mid-day Meal, Prophylaxis against Anaemia, Vitamin A prophylaxis Programme.
Unit V: Food Adulteration and Food Safety  12 Hours

**Food Adulteration:** Types of Adulterants, Common Adulterants used on various eatables, Detection of Food Adulterants

**Food Safety:** Food contamination, Contamination caused by chemicals and microorganism,

**Food Poisoning:** Food Infection, Food Intoxication

**References:**


6th Semester

BSW

6.1 Community Development

60 Hours

Objectives:

- To Understand the concept of Community Development
- To understand the concepts and strategies of Urban, Rural and Tribal Community development.
- To understand various Urban, Rural and Tribal Community development programmes in India.

UNIT I: Community Development 12 Hours

Community Development: Meaning and Definition of Community Development. Distinction between Community Development and Community Organization.

Community Development Programmes in India: Objectives of Community Development Programmes. Basic Characteristics of Community Development Programme. Evaluation of Community Development Programmes.

Unit II: Rural Community 12 Hours

Rural Community: Meaning, Definitions, Characteristics of Rural Community.

Problems of Rural Community: Rural poverty, sex and caste based discrimination, unemployment, illiteracy, Rural health problems, Community Conflict and Migration.

Role of Social Work in understanding of Indian rural communities.

Rural Development: Meaning, definitions, Nature and scope of rural development.
UNIT III: Urban Community  

Urban Community: Meaning, Definition, Characteristics.
Industrialization: Concept, Characteristics,
Urbanization: concept and characteristics, Urbanization and Social problems.
Urban community development: meaning, Definition, need, scope, Major voluntary agencies engaged in urban community development in India with focus on urban unorganized sectors.

UNIT IV: Tribal Community  

Tribal Community: Meaning, Definition.
Nature and characteristics of primitive culture.
Major scheduled tribes in India and with special reference to Karnataka and their ecological distribution.
Problems of tribal life: employment, communication, health, education, housing, indebtedness.
Exploitation of tribal and the impact acculturation on tribal society.
Analysis and assessment of tribal community problems,
Special problems of the tribals in a Karnataka.

UNIT V: Project Proposal  

Project Proposal: Project Formulation, Project Description, Project Monitoring and Project Evaluation.
Social Work with Rural, Urban and Tribal communities: recent development and future perspective.

REFERENCES:

Bharwaj, R.K (1984), Urban Development in India, National Book Trust, New
Delhi, 1984.
6th SEMESTER
BSW

6.2 Social Work Practice with Women and Child

60 Hours

Objective:

- To identify with the contemporary status of women and Child in India
- To understand the concept of Child Health and Child Legislation in India.
- To understand the diverse Government and Non-Government welfare and child welfare in India

UNIT I: Family 12 Hours

Family: Concept, Types, Functions and Family dynamics.

Marriage: Concept, objectives, Types. Changing situations in marriages and marital relationship.

Family life education: concept, objectives, characteristics, needs, principle, techniques, value education programme.

Social work intervention in pre-marital and post marital counseling and family therapy.

UNIT II: Situation and status of women in India 12 Hours

Historical review of status of women in Indian society.

Status of women in family and religion.

Educational and health status of women.

Political, economic and legal status of Women in India

Status of Women in religion, caste, class variations in India.
UNIT III: Child Health 12 Hours

Children in India: Demographic characteristics, Problems of children in India.

Special categories of children’s:


UNIT IV: Legislations related to children 12 Hours

The Pre-Natal Diagnostic Techniques (Regulation and Prevention of Misuse) Act 1994 (PNDT),

Salient feature of Right to Education Act 2009,

Salient feature of Protection of Children from Sexual Offence Act 2012 (POCSO)

UNIT V: Women and Child Welfare 12 Hours

National Policy for Children and women,

National Commission for women.

Child rights,


Hindu Adoption and Maintenance Act.

Constitutional safeguards for women and children.

Women and child welfare programs in India: Beti Bachao Beti Padhao Scheme, Integrated Child Development Services(ICDS).
References

(1997) Social Stratification & Change in India, New Delhi : Manohar Publication


Bhalla, M. M. (1985) Studies in Child Care, Delhi : Published by NIPCCD


Family Life Education in India, (1969) (Perspectives Challenges & Application) Heights Publishers & Distributors


6th Semester

BSW

6.3 Population Dynamics and Family Welfare

60 Hours

Objectives

- To understand the concept of population dynamics and family welfare
- To develop skills for planning and implementing family welfare programmes.
- To study role of social workers in family welfare programmes

UNIT I: Population Growth 12 Hours


Demographic: Meaning, Definition and Sources of Demography & its uses - Census, National Sample Survey, registration of births, deaths and marriages.

Components of population change: Fertility, Mortality and Migration.

UNIT II: Fertility 12 Hours

Fertility: Meaning, Definitions,

Factors affecting Fertility: Biological, Social, Cultural, Economical and Religion.

Sterility: Meaning, Types and Causes.

UNIT III: Mortality and Migration 12 Hours

Migration: Meaning, Definition, Types. Causes and consequences of migration, Impact of migration and Urbanization on the family.

UNIT IV: Anatomy and Physiology of Reproduction 12 Hours


Unit V: Family welfare programmes 12 Hours

Family welfare programmes: Meaning, Clinical Aspects of family planning methods, Uses, Barriers and Suggestions for its Success.

Basic Principles of Family Welfare Programme.

Role of Government, Non-Government Organization (FPAI) and Social worker in the implementation of family planning programmes.

Population Education: Meaning, Definition, Aims, and Scope.

National population policy: Meaning, Types and its development in pre and post Independent period.

REFERENCES:


Ashish Bose, Devendra B. Gupta Gaurishankarrao Chowdhary, Population. Statistics in India


Hansraj (), Fundamentals of Demography with special reference to India, Surjeet Publication, Delhi


Rajendra Sharma (1997), Demography & Population Problems, Atlantic


6th Semester

BSW

6.4 Disaster Management

Total Hours: 60

Objectives

- Understand the factors contributing to disaster.
- Develop and understanding of the process of disaster management.
- Develop an understanding of the Social Worker’s role in the team of disaster managements.

UNIT-I: Basic Concept of Disaster Management: 12 Hours

Disaster: Meaning, Concept and related concepts, disaster, risk, Hazard.

Models of disaster - crunch model and release model.

UNIT-II: Types and Effects of Disaster 12 Hours

Types and Effects of Disaster: Natural disaster, Meteorological, Storm, cyclone.

Topological: Avalanche.

Telluric: Earthquake.

Manmade disasters.

Effects of Disaster: Physical, social, economic, psychological, spatial.

UNIT-III: Participatory Assessment of Disaster Risk steps 12 Hours

Participatory Assessment of Disaster Risk steps:

Preparation, Hazard assessment, Vulnerability assessment, Capacity assessment, Key informant interviews and Action planning.
UNIT-IV Disaster Management and Phases 12 Hours

Pre-disaster: Prevention, Preparation, education vulnerability and preparedness.
Actual disaster: Contingency, short-term and long term plans, search, relief, rescue, recovery and restoration.
Post disaster: Rehabilitation and commemorations.

UNIT-V: Role of social workers and voluntary agencies 12 Hours

Role of social work professionals at different levels: Resources mobilization, working with other professionals, working with government and voluntary organizational. Voluntary agencies working on disaster management.

REFERENCES

Carter I. 2003. Mobilising the community, PILLARS Guide, Tearfund UK. Order from roots@tearfund.org or download from www.tearfund.org/tilz
6th Semester
BSW
6.5 (C) Participatory Rural Appraisal

60 Hours

Objectives

• To understand the overview of approaches, methods and techniques in PRA in rural and urban areas
• To gain a deeper insight into the components of project planning
• To acquire skills in undertaking participatory project planning

Unit I: Introduction to Participatory Approaches: 12 Hours
Concept, Meaning and Definition, Principles, Methods & Tools of PRA. Barriers and Limitations of Participatory Rural Appraisal (PRA).

Poverty Reduction Strategies: Decentralization and Participation, Participatory Research

Unit II: Poverty and Gender Analysis: 12 Hours

Poverty: Meaning and Causes, Poverty and Gender Analysis of Participatory Poverty Assessment.


PRA and Project Cycle: PRA Log Frame Analysis, Result Based Project Planning, Proposal and Project Planning Matrix, Project cycle and Project management, Characteristics of a project.

Unit III: Monitoring, Evaluation and Sustainability Analysis: 12 Hours


Sustainability Analysis: Concepts, Institutional and Project Sustainability
Unit IV: Application and New Approaches of Participatory Approaches:

12 Hours


New Approaches to Participation: Participatory Learning and Action (PLA), SARAR, Appreciative Inquiry etc.

Unit V: Participatory Action Research:

12 Hours

Origins, Essential of Participatory Action Research (PAR), goals and how to practice Participatory action research in communities.

Understanding Action Research and Recent Developments in present context

REFERENCES


6TH SEMESTER
BSW
6.5(D) Life Skills for Social Work Practice

Objectives

- Provide orientation in life skills
- Introduce concepts, approaches and theories of learning for Social Work practitioners
- Impart knowledge in pillars of Social Work Practice

UNIT I: Basics of Life Skills

**Life Skill:** Definition. Need and importance of Life Skills.

UNIT II: Coping with emotions

Emotional Intelligence and Empathy (Daniel Goleman).
Handling Negative Criticism,
Hurt feelings and Anger.
Mind- Body relationship.
**Promoting wellness through:** Pranayama, Yoga, Meditation Exercises and Recreation.
Developing Spirituality and Life Purpose.
UNIT III: Thinking and Coping Skills: 12 Hours

Critical Thinking, Creative thinking,
Problem Solving and Decision Making, Coping with Stress.
Negotiation skills.
Managing diversity in cross cultural settings.

UNIT IV: Educative skills for social work practitioners 12 Hours

Goal setting, Time Management,
Study skills and memory techniques.
Examination preparation.
Career choice.
Work Ethics – Reliability, Self presentation, Personal responsibility, sustaining motivation in work.
Leadership skill. Team Work with colleagues.
Enhancing team performance.

UNIT V: Effective communication and interpersonal skills 12 Hours

Exploring peer relations, handling negative peer pressure.
Managing relationship problems.
Responsible sexual behavior.
Handling stigma and discrimination.
Assertive behaviour.
Etiquettes and Manners.
Reference:


Clements, Phil, (1998), Be positive, New Delhi :Kogan Page India Pvt. Ltd.


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**Viva-Voce Exa */Internal Assessment
### TUMKUR UNIVERSITY
#### II Semester BSW (CBCS)

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**Group II study of social work and related subject**

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**Viva-Voce Exam/Internal Assessment**

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**Field work and Viva-Voce Exam * Internal Assessment**

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<th>Paper Code</th>
<th>Tittle of the Paper</th>
<th>Instructions hours per week</th>
<th>Credits</th>
<th>Duration of Examination</th>
<th>Marks</th>
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<td>Community Development</td>
<td>T 5</td>
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<td>3</td>
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<td>2</td>
<td>6.2</td>
<td>Social Work Practice with Women and Child</td>
<td>T 5</td>
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<td>3</td>
<td>6.3</td>
<td>Population Dynamics and Family Welfare</td>
<td>T 5</td>
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<td>6.4</td>
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<td>6.5</td>
<td>Participatory Rural Apraisal - C (Specialization)/ Life Skill For Social Work Practice- D (Specilization)</td>
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<td>6.6</td>
<td>Concurrent Field Work Practicum - VI</td>
<td>FW 8</td>
<td>4</td>
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**Field work and Viva-Voce Exam * Internal Assessment**

Note: The Student should opt. one of the papers (Specialization) allocated as specialization.
TUMKUR UNIVERSITY
BACHELOR OF SOCIAL WORK (BSW)
Choice Based Credit System (CBCS)
Model Question Paper Pattern

Time: 3 Hours
Maximum Marks=90

Section-A

Instructions:

a. Answer any 6 questions from the following (6X10=60)
b. Each question carries 10 marks only.
c. Your Answer should be within 600 words.

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 
9. 
10. 

Section-B

a. Answer any 2 questions from the following (15X2=30)
b. Each question carries 15 marks only.
c. Your Answer must be within 900 words

11. 
12. 
13. 
14. 
TUMKUR UNIVERSITY
BACHELOR OF SOCIAL WORK (BSW)
Choice Based Credit System (CBCS)
Model Question Paper Pattern
(4.7) O.E.P

Time: 3 Hours
Maximum Marks = 50

Section-A

Instructions:

a. Answer any 4 questions from the following (5X4=20)
b. Each question carries 5 marks only.
c. Your Answer should be within 300 words.

1.
2.
3.
4.
5.
6.

Section-B

a. Answer any 3 questions from the following (10X3=30)
b. Each question carries 10 marks only.
c. Your Answer must be within 600 words

11.
12.
13.
14.
15.