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TUMKUR UNIVERSITY



PSYCHOLOGY

Discipline Syllabus

BA I & II Semester

Choice based credit system SEP 2024-25

Submitted to

Registrar

Tumkur university

Tumakuru

Submitted by

Chairperson and Members

BOS,UG Psychology

Tumkur university

Tumkuru

List of Committee Members

Chairperson

Dr.Vijaya kumari TR

HOD Department of Psychology PAACFGC Tiptur

Members

Shanthala K

HOD & Associate Professor, UCC, Tumkur.

Jagadevappa

HOD & Assistant Professor,GFGC Tiptur

Satish Chandra AM

Assistant Professor PAACFGC Tiptur

To

Registrar(Academic)

Tumkur University

Tumkur

Sir/Madam,

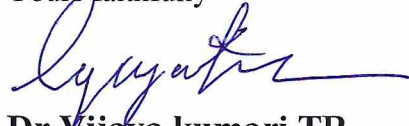
Subject:-Submission of SEP syllabus framed by BOS of Tumkur University

With reference to the above cited subject we wish to bring to your kind notice that we chairperson and board members have discussed about SEP -psychology syllabus. We have framed syllabus for two semesters and we are submitting the same for your kind perusal .

Please do the needful action

Thanking you

Yours faithfully



Dr Vijaya kumari TR

Signature of BOS Members

Shanthala K	Shanthala K.
Jagadevappa	Jagadevappa
Satishchandra AM	Satishchandra A.M

Preamble

As per the Government of Karnataka order , to implement the State Education Policy, the BOS, Psychology UG Committee meeting was held on 5th of August 2024 in Tumkur university , Tumkur at 10.30 am. The BOS meeting is conveyed to discuss and finalize curricula and syllabus for First Year under Graduate Program commencing during 2024-25 for I & II Semesters and also to discuss and finalize the structure of the Psychology course for two semesters of BA Programme.

At the outset Dr . Vijaya kumari TR Professor and Chairman BOS UG, HOD, Department of psychology, Pallagatti Adavappa Arts and Commerce First Grade College, Tiptur 572201 Welcomed the Committee Members for the meeting and informed that University has directed to conduct BOS meeting to approve Curriculum and Syllabus for B. A. in Psychology Under Graduate Program in Psychology to be commenced in 2024-25 which has been designed on par with the guidelines given in the SEP implementation order. Subsequently the BOS UG Committee members discussed thoroughly and recommended as under

The concept of Psychology in the 1st and 2nd semesters throw light on basic information about psychology making the beneficiary to acquire and develop the knowledge about psychology in terms of biological base of behavior, sensation, attention, perception, memory, learning, emotions, motivation, intelligence, thinking and reasoning as well as personality along with experiments. The experiments for practical have been selected in accordance with theory paper.

NEP Syllabus of Psychology (Discipline Specific Course) subject for BA/oBSc- I Semester

With effect from academic year 2024-25 and onwards

PSYDSC A1: FOUNDATIONS OF PSYCHOLOGY -I

(52 Hours)

Syllabus aims:

The syllabus aims to advance the knowledge of studying and understanding behavior with scientific and practical knowledge, to understand the fundamentals/ basics of psychology, and to develop knowledge and ability to use and apply skills which are necessary to understand behavior.

Learning Outcomes:

1. Students are expected to understand the genesis of Psychology and its importance
2. Students are expected to gain basic knowledge about Psychology
3. Students are expected to understand the fundamental mental processes which are base for behavior
4. Students expected to understand the Applications of Psychology in various fields

PROGRAM STRUCTURE

semester	papercode	Title of the paper	Type of paper	Hours/week	Duration of exam (hours)	IA	exam	totalmarks	credits
I	DSCPSY101	FOUNDATIONS OF PSYCHOLOGY-I	DSC	4	3	20	80	100	3
I	DSCPSY101 P	FOUNDATIONS OF PSYCHOLOGY -I WITH PRACTICALS	DSC P	4	3	10	40	50	2
II	DSCPSY201	FOUNDATION OF PSYCHOLOGY_II	DSC	4	3	20	80	100	3
II	DSCPSY201 P	FOUNDATION OF PSYCHOLOGY -II WITH PRACTICALS	DSC P	4	3	10	40	50	2

Question paper pattern

Theory exam will be conducted for 80 marks and it consists of 3 parts namely short, medium and long answer questions.

Part--A Each question carries 2 marks and student has to answer 10 questions out of 12

Part--B Each question carries 5 marks and student has to answer 6 questions out of 8

Part--C Each question carries 10 marks and student has to answer 3 questions out of 5



FOUNDATIONS OF PSYCHOLOGY-I

(Discipline Syllabus) DSCPSY101- ISEMESTER

Maximum marks:100 (IA- (10 :test+ 10:Assignment) 20+ Exam-80)

Total hours:52

UNIT 1: INTRODUCTION TO PSYCHOLOGY	(10 HOURS)
<i>Psychology</i> : definition and Goals of Psychology Key perspectives : Psycho dynamic, Behavioral, Gestalt, Humanistic, Cognitive <i>Branches of Psychology</i> : theoretical branches: general, child psychology, physiological psychology, abnormal psychology. Social psychology Applied branches: clinical psychology, industrial psychology, neuropsychology , forensic psychology, health psychology <i>Methods of psychology</i> : Introspection, Observation, Experimental and Questionnaire methods, interview method	
UNIT II: BIOLOGICAL PROCESS	(10 HOURS)
<i>Neuron</i> : structure and functions: Neural Impulse, synaptic connection and Neurotransmitters. <i>Methods of studying brain functions</i> : old and new methods <i>Nervous System</i> : classification of nervous system.: , structure and functions of Central nervous system (including hemisphere)and Peripheral nervous system, <i>Endocrine system</i> : Pituitary, Thyroid, parathyroid, Adrenal and Gonads	
UNIT III COGNITIVE PROCESSES	(12HOURS)
<i>Sensation</i> : Definition and Characteristics , steps involved in sensation <i>Attention</i> : Meaning and Phenomena (Span of Attention, Division of Attention, Fluctuation \and Distraction), Determinants : Objective and Subjective) <i>Perception</i> : definition, Gestalt principles , depth perception, monocular and binocular clues, errors in perception (Ilusion and hallucination)	
UNIT IV :LEARNING PROCESS	(10 HOURS)
Introduction: Definition, Theories of learning: Trial and Error Learning: Experiment and Laws. Classical Conditioning (Extinction, Spontaneous Recovery, Generalization, Discrimination, Higher Order Conditioning) Operant Conditioning: Experiment (experiment on Pigeons) Reinforcement, Schedules of Reinforcement, shaping and Chaining. Cognitive learning: insightful (Kohler) and Observational (Bandura) Learning disabilities	
UNIT V: MEMORY AND FORGETTING	(10 HOURS)
Memory: Definition, Processes of memory (Encoding, Storage and Retrieval) Types of memory: Sensory Memory, Short-Term Memory, Long -Term Memory, Working	

Memory, Semantic Memory , Autobiographical memory and Flashbulb Memory
Methods to Improve Memory:
Forgetting :, definition and Causes of Forgetting ,

TEXT BOOKS:

Robert Feldman (2011) Essentials of Understanding: Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051

MORGAN C.T., KING R.A, WeissJ.R ad Schopler,J.(2012) (latest edition). Introduction to psychology. TATA McGraw Hill Education Pvt.New Delhi.

Natraj,P. (Latest edition): Psychology for Beginners. Mysore: Srinivas publication

Prof k.l. Ramalingu (2020) : General Psychology (Kannada Version) , H B Publications Tumkur. ISBN- 9788192694252

REFERENCE:Mangal S.K (2000) General Psychology, New Delhi: Sterling Publishers Pvt .Ltd.

Shashi Jain (Latest edition) Introduction to Psychology. Nerw Delhi: Kalyani Publishers.

Rajamanickam,M. (2008) Modern General Psychology. Vol 1&2 . Concept Publisher. New Delhi

FOUNDATION OF PSYCHOLOGY-I WITH PRACTICAL

MAXIMUM MARKS: (10+40) 50

PRACTICAL COMPONENT: (minimum 6 practicalS to be conducted)

10 STUDENTS PER BATCH

Directed observation and the accuracy of report
Free association
Span of attention
Set on attention
Muller Lyer illusion
Retroactive Inhibition
Meaning on Retention
Retention and recognition
STATISTICS: Grouping of Data: Tabulation and Frequency Distribution Measures of Central Tendency: Mean Median mode for Grouped and Ungrouped data

MARKS FOR EXAM	for two experiment
Plan & Procedure	7+7
Conducting	5+5
Analysis	3+3
Record writing	5
Statistics	5
total	40
Interralmarks (test)	10
Grand total	50

Jagadechuppa
Sathishchandra A.M

Shanthala D
Lyons

FOUNDATIONS OF PSYCHOLOGY-II

(Discipline Syllabus) DSCPSY201- ISEMESTER

Maximum marks:100 (IA- (10 :test+ 10:Assignment) 20+ Exam-80)

Total hours:52

UNIT 1: INTELLECTUAL PROCESS

(10 HOURS)

Intelligence: definition, concept of IQ, Distribution of Intelligence , mental retardation and gifted children

theories of intelligence :Spearman, Gardner, Guilford, Information processing theory

Determinants of intelligence : Role of Heredity and Environment

Intelligence tests: types, Artificial intelligence

UNIT II: EMOTIONAL AND MOTIVATIONAL PROCESS (12 HOURS)

EMOTIONS: Definition, physical and psychological changes during emotions. Types, theories of emotions, Emotional Intelligence

MOTIVATION: Definition, Motivational cycle, Types of motives, theories of motivation: Maslow's theory, Drive reduction theory, McClellan need theory, Work motivation.

UNIT III PERSONALITY

(12HOURS)

Personality: Definition (Allport) Theories of Personality: trait (Krechmer & Sheldon) and type theories (Freud, Jung), Determinants of personality, Assessment of personality: questionnaire, Rating Scale, Projective tests, Interview, behavioral tests.

Personality disorders: Antisocial personality, Psychopath, Dependent personality

UNIT IV :thinking and reasoning

(10 HOURS)

Thinking: definition , types ,Reasoning: definition, types, problem solving, critical thinking, creative thinking, decision making. Characteristics of creative person. Relationship between language and thought.

UNIT V: ALTERED STATE OF BEHAVIOR

(8HOURS)

Biological clock, Circadian Rythm, sleep and awareness: stages of sleep , yoga, Meditation & , its effects.

TEXT BOOKS:

Robert Feldman (2011) Essentials of Understanding Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051

MORGAN C.T., KING R.A, WeissJ.R ad Schopler,J.(2012) (latest edition). Introduction to psychology. TATA McGraw Hill Education Pvt.New Delhi.

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Shashi Jain (Latest edition) Introduction to Psychology. Nerw Delhi: Kalyani Publishers.

Rajamanickam,M. (2008) Modern General Psychology. Vol 1&2 . Concept Publisher. New Delhi

FOUNDATIOS OF PSYCHOLOGY-II WITH PRACTICAL

MAXIMUM MARKS: (10+40) 50


PRACTICAL COMPONENT: (minimum 6 practicals to be conducted)

10 STUDENTS PER BATCH

RPM
Jalota mental ability test
Emotional maturity test
Emotional intelligence
Deo Mohan achievement scale
Eysenck Personality Inventory
Type A Type B personality

Dominance level in concept formation.
STATISTICS:
Measures of Variability: Standard deviation for Grouped and Ungrouped data

MARKS FOR EXAM	for two experiment
Plan & Procedure	7+7
Conducting	5+5
Analysis	3+3
Record writing	5
Statistics	5
total	40
Interralmarks (test)	10
Grand total	50


 Shanthala 1/c
 Jagenderappa
 Satishchandra A.M

